



OCTOBER 2003

*Excerpt from McNeely,
Pigott & Fox*

Domestic Violence Hurts Us All

Your Fleet and Family Support Center is committed to preventing family violence in our military community. Through education, advocacy, workshops and intervention programs, The Center plays a key role in violence prevention by raising awareness about the scope, nature and impact of family violence, educating the Navy community about productive ways to cope with family conflict, and by providing support when abuse occurs. The Center's Family Advocacy Program (FAP) and Domestic Violence Awareness Month (October) activities provide a range of opportunities to increase awareness and stop violence.

What Is FAP?

The Family Advocacy Program is a DOD-mandated program that responds to all aspects of child abuse or

domestic violence within the military family. It involves identification of abuse, reporting, prevention, intervention and follow-up in cases of child abuse/neglect and spouse abuse. Navy FAP is governed by DOD, Navy and legislative requirements.

What are FAP Objectives?

Enhance operational readiness. Positively affect the lives of active duty members and their families. Teach parenting, communication and other skills to prevent abuse or neglect before it occurs. Stop abuse and neglect in our Navy family. Advise and support Commands on family violence issues.

What Is Domestic Violence?

Domestic Violence is a pattern of behavior used to establish power and control over a spouse or intimate partner through fear and intimidation. It often includes threats or use of violence.

Fleet and Family Support Center presents the following classes:

Smooth Move

02 October

0800 - 1000

Relocating? Moving can be a frustrating and stressful time for the entire family. By understanding the cycle of relocation and learning how to deal with physical and emotional challenges of moving, you can help make it a more enjoyable event. Attend this class and receive the latest information on family fears and feelings, relocation tips for military families, moving and the military family and adjusting to the new community including web sites for children and teens. Contact Linda Busby at 874-5075 to register.

Resumix Workshop

21 October

1330 - 1530

Applying for Federal Employment with the Department of the Navy can be confusing. This workshop walks you through the basics of applying through the automated resumix system. There are tips on what to include and what not to include in the online application and insights into how the resumix system selects qualified candidates. Contact Brenda Sherman at 874-5330 to register.

Transition Assistance

Program (TAP) provides information and assistance to all retiring and separating members regarding pre-separation counseling, employment, relocation and veteran's benefits. Military members and their spouses are encouraged to attend a TAP seminar as soon as possible prior to their scheduled separation or retirement date. See your Command Career Counselor to register.

2003 - 2004 TAP SCHEDULE

October	6 - 10
November	3 - 7
December	8 - 12 (Exec)
January	5 - 9 (Exec)
February	2 - 6
March	1 - 5 (Exec)
April	5 - 9 (Exec)
May	3 - 7
June	7 - 11 (Exec)
July	12 - 16 (Exec)
August	2 - 6
September	13 - 17 (Exec)
October	4 - 8 (Exec)
November	1 - 5
December	6 - 10 (Exec)



Sponsor Training Workshop
02 October
1100 - 1200

The Command Sponsor Program is designed to facilitate the adaptation of the service members and family members to a new working and living environment. A good sponsor helps to expedite the newcomer's ability to become a productive member of the receiving command. This training will teach sponsors how to assist incoming personnel to overcome relocation difficulties and apprehension associated with the PCS move. Each command should have their assigned sponsors attend this training. Contact Linda Busby at 874-5075 to register.

Fleet and Family Support Center

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JOB FAIR
28 October
1000 - 1500

The Naval Support Activity Mid-South Fleet and Family Support Center presents its annual Job Fair on Tuesday, October 28, from 1000 - 1500 at the NSA CONFERENCE CENTER.

Pre-Job Fair Orientation is scheduled for October 23 at 1330 in the Fleet and Family Support Center, Building 456. This is an excellent opportunity to benchmark your skills and abilities with the current corporate market. Both the job fair and the pre-job fair orientation are open to: Military... Retirees... Spouses and DOD Civilians. Contact Lisa Williams at 874-7520.

FLEET AND FAMILY SUPPORT CENTER

Classes and workshops are free; however, registration is necessary. Call 874-5075 or email us at ffsc@nsams.navy.mil to register

COLUMBUS DAY IS MONDAY, OCTOBER 13